



February 2009

Dear Parents,

This *Course Selection Handbook* is a guide that has been created in order to help our students to make decisions about elective courses, and to understand, in brief, the course outline for the compulsory courses that they will need to take at each grade level.

This handbook will help you to fill out the accompanying Course Selection Form. When your form is completed, please return it to the school as soon as possible. Please note that you will receive a hard copy of this handbook for this year, as well as access to the handbook on-line on our JRHS website. Next year, however, in the name of environmental concerns, you will only be able to access this handbook on-line.

As always, should you have any questions regarding this process, please feel free to contact us at the school, (514) 697-3210.

Sincerely,

Nancy Sweer, Principal

Table of Contents

Cycle One Year 1 and 2

English.....	4
French.....	5
Mathematics.....	6
Geography/Géographie.....	7
History & Citizenship Education.....	7
Histoire & Educational à la Citoyenneté.....	7
Ethics & Religious Culture.....	7
Science & Technology.....	8
Physical Education.....	8
Options.....	9 - 10



CYCLE ONE

Year 1 & Year 2

COMPULSORY COURSES

ENGLISH 100/120/130
ENGLISH 212/222/232

YEAR 1
YEAR 2

The English program is based on a textbook anthology that explores short stories, novels, historical narratives, drama, and the visual arts. The anthology's strength lies in its flexible approach to teaching and learning. It is accompanied by resource texts that uncover grammatical and syntactical issues as well as an exploration of basic and important literary concepts.

The anthology is supplemented by the study of novels, dramatic works, poetry, and current event pieces. These written works foster a deeper appreciation of divergent writing styles.

Reading is an integral part of the program. It is encouraged both within and outside of the classroom for school purposes as well as pleasure.

Ease in public speaking is developed through spontaneous and planned speeches, debates, role playing and dramatic improvisation.

Writing skills focus on creative writing, formal academic writing, and journal writing. This multiple approach helps develop ease and confidence with the written word. It also allows for the exploration of several written formats for use in later high school courses.

FRENCH SECOND LANGUAGE 100
FRENCH SECOND LANGUAGE 212

YEAR 1
YEAR 2

This course develops reading, writing, listening and speaking skills. By using oral and written messages of general interest and common usage, students will learn to:

- ◆ Speak on subjects related to their experience and knowledge
- ◆ Write on topics related to their physical and social environment
- ◆ Use various models in their oral and written productions
- ◆ Use appropriate grammar and vocabulary in their oral and written productions.

This course is for students in the Regular (English) program.

FRENCH IMMERSION 120
FRENCH IMMERSION 222

YEAR 1
YEAR 2

The Year 1 program aims at reinforcing and developing oral comprehension and communicative language skills in daily class situations. To these skills are added a thorough systematization of certain structures of the French language. A greater emphasis is placed on using the tools/techniques of grammar and syntax and on vocabulary building. By the end of the course, students will be able to communicate fluently, orally or in writing, in situations related to their age, needs and interests.

At the Year 2 level, the same objectives are pursued as in Year 1, but greater emphasis is placed on reading as well as on written expression, while oral work continues to be of great importance.

FRENCH IMMERSION ENRICHED 130/140
FRENCH IMMERSION ENRICHED 232/242

ACADEMIC PLUS YEAR 1
ACADEMIC PLUS YEAR 2

The objectives of the course are to enable students to develop linguistic skills with an emphasis on reading and writing. Particular attention is devoted to the correct use of language through intensive usage of grammar. The communicative situations of the program include: newspaper articles, instructions, texts or expositions which are informative or expressive in nature, adventure stories, novels and poems for enjoyment.

SPANISH is offered as ¼ of the enriched French courses. This Spanish course is aimed at basic vocabulary, grammar and writing to introduce the student to a third language. The focus will be on conversation and an introduction to the Spanish world.

MATHEMATICS 100/212
MATHEMATICS 120/222 IMMERSION
MATHEMATICS 130/232 ENRICHED

YEAR 1 & YEAR 2
YEAR 1 & YEAR 2
ACADEMIC PLUS-YEAR 1/2

The course consists of the following five topics focusing on problem solving at each stage of the learning process:

- ◆ **Arithmetic**
- ◆ **Algebra**
- ◆ **Probability Theory**
- ◆ **Statistics**
- ◆ **Geometry**

All Year 1 and Year 2 math courses use the Nelson textbook.

Competencies covered are:

- To solve situational problems
- Use mathematical reasoning
- Communicate by using mathematical language

The enriched program covers the above topics but in greater depth and detail.

GEOGRAPHY/GÉOGRAPHIE 100/120/130/140
GEOGRAPHY/GÉOGRAPHIE 212/222/232/240

YEAR 1
YEAR 2

In geography, students study various types of territorial organizations based on their knowledge, observations and perceptions of the world. They make connections between what they already know and what they discover. Through geographic reasoning students will come to understand the organization, change and diversity of a society and its territory, building consciousness of global citizenship.

HISTORY & CITIZENSHIP EDUCATION/
HISTOIRE & EDUCATION À LA CITOYENNETÉ 100/120/130/140

YEAR 1

HISTORY & CITIZENSHIP EDUCATION/
HISTOIRE & EDUCATION À LA CITOYENNETÉ 212/222/232/240

YEAR 2

In history and citizenship education, students begin studying social phenomena on the basis of their prior knowledge and what they observe and perceive in the world. They seek answers to their questions by formulating hypotheses concerning the social phenomena they are exploring. They test research strategies that enable them to understand the social phenomenon under study. They will construct a consciousness of citizenship through the study of history.

ETHICS & RELIGIOUS CULTURE
ETHICS & RELIGIOUS CULTURE

YEAR 1
YEAR 2

This is a new, compulsory Secondary I and II course. The program develops three inter-related competencies, which are that students will be able to:

1. Appreciate the influence of religious and secular conceptions in society.
2. Take a reflective and informed position on ethical issues.
3. Engage in dialogue from the perspective of community life.

Emphasis is placed on Quebec's religious heritage – hence Judaeo-Christian traditions and Native spirituality will be explored. Other religious traditions that enrich modern day Quebec, such as Hinduism, Islam, Buddhism and Judaism to name a few, will likewise be examined with respect to ethical issues of our times.

This course seeks to create self-understanding, recognition of others and pursuit of the common good for our society and the world.

SCIENCE & TECHNOLOGY 100
SCIENCE & TECHNOLOGY 208

YEAR 1
YEAR 2

SCIENCE et TECHNOLOGIE 100
SCIENCE et TECHNOLOGIE 208

YEAR 1
YEAR 2

The Science & Technology program covers four main topics: patterns, forces, waves and the environment.

The program puts theory into concrete practice by integrating the use of textbooks, video, classroom discussion, and hands on experiments. This approach fosters curiosity and further inquiry in the students.

PHYSICAL EDUCATION 100
PHYSICAL EDUCATION 204

YEAR 1
YEAR 2

EDUCATION PHYSIQUE 100
EDUCATION PHYSIQUE 200

YEAR 1
YEAR 2

The following is an overview of the aims presented in the program at both grade levels:

- ◆ Development according to individual talents and abilities
- ◆ Promotion of an optimal level of physical fitness
- ◆ Development of good health habits
- ◆ Development of a positive attitude towards life-long, active participation in physical activities

Various activities are involved, and could include: basic movement and warm-up exercises, track and field, basketball, volleyball, soccer, wrestling, badminton, softball, dance, touch football, weight training, low organized games and a unit on Health Education.

COMPULSORY ARTS COURSE

Cycle One – Year 1 & 2

As per new Ministry requirements, students take the same Compulsory Arts Course in Years 1 & 2.

Students must choose Art, Dance, Drama or Music. Students choosing the Art Option will receive two different Art Options per year (e.g. Applied Arts & Woodworking during Year 1 / Fine Arts & Pottery during Year 2). These courses will be given for 4 periods on 6 days, but will change at the middle of the year.

APPLIED ARTS

Applied Arts is a visual communications course where students will develop a variety of projects.

FINE ARTS

Learn the basic skills of drawing techniques. Understand colour theory and application. Create interesting compositions with various media disciplines, such as, print-making, collage and 3D projects.

DANCE

In Year 1 students are introduced to several forms of dance including Jazz, Hip-Hop, Ballet, Musical Theatre, Disco and Tap. In Year 2, students continue to explore and develop expertise in these different types of dance. Classes are structured and formal in nature, beginning with a warm-up, then moving on to isolations and progressions, and ending with choreography. ***Please note, students will require appropriate dance foot wear.***

DRAMA

Develop your narrative and communication skills through theatre games and exercises. Exercise your imagination, creativity and social skills. This is a fast-moving, active course for imaginative students who want to learn how to create and perform drama.

MUSIC

This is a traditional Concert and Jazz band program. Students will learn to play a woodwind, brass or percussion instrument in a band setting. This is a dynamic and energetic course. Workshops, school trips, music competitions and concerts are all a part of the experience. Join the JRHS music department and become a member of the Junior or Senior band.