



You are certainly aware that concussions are becoming more prominent in the world of sports and that the consequences of a concussion can be dramatic for all involved if not treated properly. Through our partnership with **reACT Canada**, we are confident that our student-athletes will be properly monitored to ensure a healthy return to their normal activities.

The team behind **reACT Canada** consists of Dr. Scott Delaney, a sports medicine and emergency physician specialized in concussions (Royal-Victoria Hospital); an osteopath, Mrs. Laura Leslie; and a physiotherapist, Mr. Ronny Varga. Mr. Varga is the coordinator of the team.

reACT Canada will assess, treat, direct the athlete to a specialist, if necessary, inform (you, the school, the community coaches, the Sport-études coaches and teachers), take care of the return-to-learn and then return-to-play protocols. In fact, their slogan is “Learn first, Play second”™.

The partnership also includes:

- An information session for students (date to be determined),
- An information session with all of our Sport-études/sport concentration coaches (date to be determined),
- An evening information session for parents (date to be determined), and
- A baseline test. With baseline testing, the resulting data is valuable in determining the athletes pre-injury (i.e. normal) level of cognitive and, at times, physical functioning. In addition, it allows for a meaningful comparison following a post-concussion assessment using similar tests, thus allowing better concussion management for a safe return to learn and play.

Please note that this service is offered to you on a voluntary basis. The information sessions as well as the baseline testing are offered at no cost, but there will be a charge for the treatments that the **reACT** team provides. If you have quick access to medical specialists who can help your child with his/her concussion, please feel free to consult with them.

We thank you in advance for your continued support.

Mr. Jean-François Quirion

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