

Sport-études Q&A: Fall/Winter 2025-26

Students applying to the program must know what sport they are pursuing and **MUST** have contacted a [recognized sport partner](#) when applying for the academic component of the program.

1. When considering applying, do I approach the school or the sport partner first?

Students must be accepted into BOTH components in order to be accepted into the program. Prospective students must contact a recognized sport partner AND apply for the academic component of the program. Make sure to plan ahead. Send a message to us at sport-etudes@lbpearson.ca if you are unsure or need more information before applying to the program.

Click [here](#) for a list of our recognized sport partners.

For students currently in **Grade 6**: The Lester B. Pearson School Board organizes a **MANDATORY** [entrance exam](#) for all new applicants coming from the elementary system. The exams are taking place on November 21, 2025, for current LBPSB students and on November 22, 2025, for external candidates. More information is available on the [Lester B. Pearson School Board](#) website.

For students currently in **Secondary 1 – 4**: Students apply in the spring for the following academic year. Upon submitting an application form, prospective candidates **MUST** have been identified and registered with one of our recognized sport partners in order to be considered for academic admission. The application form will be available on the [John Rennie Sport-Etudes website](#) in March of 2026.

2. What is the difference between Sport-études and sport concentration?

Student-athletes in Sport-études and sport concentration programs both follow the same school schedule and are in the same class groups.

The Sport-études program is a provincial program that is governed by the Ministère de l'Éducation (MEQ). An agreement (*Entente*) is signed between John Rennie High School, various provincial sport federations, sport partners (organismes sportif affiliés) and the Lester B. Pearson School Board. Rules for the sport component are set by the provincial federations. For example, which athletes are eligible, which clubs (organismes sportif affiliés) are recognized, how many hours of training are necessary, etc.

The sport concentration program is a local program that is governed by an agreement between John Rennie High School and a local sport partner (or association or coach). Rules for the sport component are set by the sport partner (or association or coach): which athletes are eligible, how many hours of training are done, etc.

3. How do clubs (or associations or coaches) select their athletes?

Each sport partner (or association or coach) has their own selection criteria. Our Sport-études partners must follow the criteria set by the respective provincial sport federations. Our sport concentration

partners set their own criteria. You should check with your sport partner (or association or coach) of interest to fully understand what is required.

4. How do I get to my sport training from John Rennie High School?

John Rennie High School **does not** coordinate or facilitate any transportation services.

Some sport partners have arranged for students to be picked up from John Rennie High School. Please check with your sport partner to find out if they offer transportation to their facility. Some students walk, take public transit or carpool with other participants.

Transportation to the training facility is the responsibility of the parent/guardian.

5. Is Sport-études / sport concentration an enriched program?

No, it is an accelerated immersion program. An enriched program consists of the standard Ministry of Education program and it is enriched with extra materials, field trips, projects, etc.

In Sport-études / sport concentration, students follow the Ministry of Education program at an accelerated pace. In fact, students cover all the standard Ministry of Education program required material in approximately 67% of the regular prescribed time allotment.

6. What kind of grades do I need to be accepted into the academic program?

Applicants must demonstrate an ability to learn at an accelerated pace and keep up with the stress and demands of increased sport training hours. If you need to be “pushed” or “reminded” to complete your school work, then perhaps this is not the right program for you. Successful students are motivated, ambitious and are able to take responsibility for their own learning.

Applicants must produce results that reflect these qualities.

7. What kind of marks do I need to stay in the program?

A: In order to remain in Sport-études / sport concentration, students must

- Maintain a mark of 70% AND
- No failing marks.

If students do not meet the academic criteria by the end of the academic year (final report card), they may be dismissed from the program.

8. Will I get evaluated in my sport?

Yes. Each sport partner submits a sport evaluation for each term of the school year according to specific criteria determined by the provincial sport federation (Sport-études) or sport partner (Sport concentration). You should contact your sport partner to get an idea of what the evaluation criteria entails.

Sport-études / sport concentration students also receive credits for their sport component. These credits are granted on the June report card.

9. What courses will I be taking in Sport-études / sport concentration? (See “SE Course Frequency” Appendix)

All the same courses that are offered by the standard Ministry of Education program, except some option courses (drama, computers, etc.). Sport-études / sport concentration students have physical education and arts courses.

10. Can I get advanced math and sciences in grade 10 and 11?

Yes, we offer advanced math and sciences courses in grade 10 and physics and chemistry in grade 11. Spaces are limited and enrolment into these courses is based on the previous year’s results.

11. Are Sport-études / sport concentration students mixed with students from outside the program?

Sport-études / sport concentration is a closed program. This means that our classes are made up of only Sport-études and sport concentration students. Depending on the athlete’s training schedule, students can participate in lunchtime or after-school activities (extra-curricular sports, variety shows, leadership, etc...).

There are 2-3 class groups at each grade level.

12. What is the typical daily school schedule?

Optional morning PED support starts at 7:30am. Regular classes start at 8:05am and end at 11:55am. Students, depending on their sport and training schedule, then have lunch or leave for their training. Some students can stay in order to attend PED support from 12:55pm to 1:45pm. All Sport-études / sport concentration students MUST leave the building by 2:00pm.

13. What is pedagogical (PED) support?

Pedagogical support is a measure that is put in place to help our students cope with the academic demands of an accelerated academic program. There are a number of teachers available from 7:30am to 8:00am in the morning and from 12:55pm to 1:45pm in the afternoon to help students, answer questions, catch up after an absence or take a test that was missed during an absence. Morning PED support is on a drop-in basis while PM PED support must be scheduled with a teacher in advance. Teachers may require students to attend PM PED support. (24hr warning will be given).

14. Is there morning bussing?

No. Parents must plan their child’s own transportation in the morning. Everyone is expected to make it on time for class, no matter where they are arriving from.

15. How many hours of training do I have to do?

According to the agreements in place, Sport-études / sport concentration students receive sport training services for a minimum of 15 hours a week. We strongly encourage that you to ask your sport partner in order to get a better idea.

16. I come from an elementary sport concentration program. Do I have an advantage over students who were in a regular elementary program?

No. Everyone is subject to the same admission requirements. Perhaps you may be used to an accelerated pace of learning and the demands of training many hours in your sport.

17. Can I do two sports?

No, not within the Sport-études / sport concentration structure. You can participate in a second sport, but it would be done outside the realm of Sport-études / sport concentration.

18. Are there any extra costs associated with the program?

Modest school fees are collected by John Rennie High School for the sport-etudes program as well as consumables and materials used in class or for educational purposes. Sport partners charge fees that vary according to the specific program that they are offering. It is imperative that you contact your sport partner in order to find out the costs associated with your sport.



Sport-Etudes Course Frequency

Each "cycle" is composed of 6 days of 4 class periods of 50 minutes in duration.



Secondary 1	Course Number	# of periods per cycle
Mathematics	563126	5
Français langue seconde	634106	4
English Language Arts	632106	4
Science & Technology	555104	3
Arts (Visual Art)	668104	2
Histoire & Géographie	087103/095103	4 (2 + 2)
Physical Education	543102	1
Culture and Citizenship in Quebec	569102	1
TOTAL		24

Secondary 2	Course Number	# of periods per cycle
Mathematics	563226	5
Français langue seconde	634206	4
English Language Arts	632206	4
Science & Technology	555204	3
Arts (Visual Art)	668204	2
Histoire & Géographie	087203/095203	4 (2 + 2)
Physical Education	543202	1
Culture and Citizenship in Quebec	569202	1
TOTAL		24

Secondary 3	Course Number	# of periods per cycle
Mathematics	563306	5
Français langue seconde	634306	4
English Language Arts	632306	4
Science & Technology	555306	4
History of Quebec 3	585304	3
Personal Orientation Project (POP)	606304	2
Arts (Visual Art)	668302	1
Physical Education	543302	1
TOTAL		24

SECONDARY 4			
Secondary 4	Course Number	# of periods per cycle	OR
Mathematics CST	563414	5	
Français langue seconde	634404	4	
Science & Technology	555444	4	
History of Quebec 4	585404	4	
English Language Arts	632406	3	
Culture and Citizenship in Quebec	569404	2	
Arts (Visual Art)	668402	1	
Physical Education	543402	1	
TOTAL		24	
Secondary 4 (+ Math/Science)	Course Number	# of periods per cycle	OR
Environment Science & Technology	555444/558404	5	
Mathematics SN	565426	5	
Français langue seconde	634404	4	
English Language Arts	632406	3	
History of Quebec 4	585404	3	
Culture and Citizenship in Quebec	569404	2	
Arts (Visual Art)	668402	1	
Physical Education	543402	1	
TOTAL		24	

SECONDARY 5			
Secondary 5 (Math choice No Science)	Course Number	# of periods per cycle	OR
Choice of Mathematics CST or SN	563504	5	
English Language Arts	612536	3	
Français langue seconde	634504	3	
Option 1 (Anatomy & Yoga)	616544	3	
Option 2 (Media Communication)	612554	3	
Contemporary World	592502	2	
Financial Education	602522	2	
Arts (Visual Art)	668502	1	
Physical Education	543502	1	
Culture and Citizenship in Quebec	569502	1	
TOTAL		24	
Secondary 5 (+ High Math/Science)	Course Number	# of periods per cycle	OR
Mathematics SN	565506	5	
English Language Arts	612536	3	
Français langue seconde	634504	3	
Chemistry	551504	3	
Physics	553504	3	
Contemporary World	592502	2	
Financial Education	602522	2	
Arts (Visual Art)	668502	1	
Physical Education	543502	1	
Culture and Citizenship in Quebec	569502	1	
TOTAL		24	