



JOHN RENNIE HIGH SCHOOL
501, boul. St-Jean, Pointe-Claire (Québec) H9R 3J5
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Dear Parents/Guardians,

I hope this email finds you well. The first session of after-school activities will start the week of October 21. Please find the list of activities attached below. For activities requiring advance sign-up, be sure to email the animator and CC the Coordinator before the first session date. Many activities have limited spots, which will be filled on a first-come, first-served basis. Your child may be placed on a waiting list for their preferred activity. Attendance will be taken at each session, and after three consecutive unexcused absences, their spot may be given to another student, or you may be asked to reimburse the school for the activity. It's important that your child is committed to the activity they sign up for.

For drop-in activities, advance sign-up is not necessary. However, attendance will be recorded at each session. If you would like to confirm your child's attendance, you can email the coordinator, Mr. Espérance, at resperance@lbpearson.ca, or contact the school directly. Additionally, Homework Help will be available twice a week on

Tuesdays and Thursdays after school in the library (no sign-up required). If you have any questions, please feel free to reach out to me at the email address above.

Once again, feel free to reach out with any questions.

Kind Regards,

M. Roberto Espérance

French Teacher & Extracurricular activities Coordinator

John Rennie High School

List of Extracurricular activities in alphabetical order

Activity	Description	Day of the week & Time	Location
Aide aux devoirs / Homework Help	This will be offered twice a week. This supportive environment is the perfect place to get help with assignments and stay on track. Our dedicated teachers will be available to guide you. Drop in. No sign up required. Attendance will be taken.	Tuesdays and Thursdays 3:45 - 4:45	School Library
Art Club	Join the JRHS Art Club, open to artists of all levels! Tap into your creativity as we dive into drawing, painting, and even small prop making. Express yourself, forge new friendships, and bring your imagination to life through a range of artistic activities. This is the perfect space to have fun and connect with fellow young artists. To sign up, please email Ms. McMahon at tmcmahon@lbpearson.ca and CC resperance@lbpearson.ca .	Thursday 3:45 - 4:45	RM 237

Battle of the Books Club	<p>Join us for the exhilarating Battle of the Books, a spirited reading competition designed to ignite a passion for literature and explore a variety of genres! In teams of six, students will dive into a curated selection of 12 captivating books, facing off in friendly challenges that test their knowledge and comprehension. The ultimate champions will have the exciting opportunity to compete against other high schools in thrilling matchups! Throughout the club, members will engage in dynamic book discussions and practice sessions, sharpening their skills and deepening their understanding of the stories. Come be part of the adventure, and let the battle begin! To sign up, please email Ms. Strano at sstrano@lbpsb.qc.ca and CC resperance@lbpearson.ca .</p>	Monday	School Library
Board Game Club	<p>Join us for Board Game Club, where fun and strategy come together! Whether you're a seasoned gamer or just looking to try something new, this is the perfect place to enjoy classic favorites and discover new games. Meet fellow enthusiasts, challenge your friends, and immerse yourself in a world of creativity and competition. Come roll the dice and have a great time! Drop in. No sign up required. Attendance will be taken.</p>	Wednesday 3:45 - 4:45	School library
Calisthenics Fitness	<p>Get moving with Calisthenics Fitness! This club focuses on bodyweight exercises that enhance strength, flexibility, and overall fitness. Whether you're a beginner or a seasoned athlete, our sessions, offered twice a week, cater to all skill levels. Join us to learn new techniques, improve your fitness, and connect with others who share your passion for a healthy lifestyle. Let's build strength together and have fun while doing it! To sign up, please email Mr. Espérance resperance@lbpearson.ca .</p>	Monday and Wednesday 3:45 - 4:45	Fitness Room
Chess Club	<p>Step into the world of strategy and critical thinking with Chess Club! Whether you're a novice or a seasoned player, this club welcomes all skill levels. Join us to learn new tactics, improve your game, and engage in friendly matches with fellow chess enthusiasts. Sharpen your mind and enjoy the camaraderie of a community that loves the art of chess. Come checkmate your way to fun and friendship! Drop in. No sign up required. Attendance will be taken.</p>	Monday 3:45- 4:45	School Library

Coding Club	<p>Explore the thrilling world of coding with our After-School Coding Club! Whether you're passionate about JavaScript, Python, HTML, CSS, or simply curious about the exciting field of programming, this club is your creative playground. Join us to develop your skills through hands-on projects, collaborate with fellow coding enthusiasts, and tackle real-world challenges. You'll have the opportunity to build your own websites, create games, and even work on group projects. All skill levels are welcome, so come ready to learn, innovate, and unleash your creativity! Spaces are limited. Please email Mr. Espérance at resperance@lbpearson.ca Students will require drop off and pick up from this activity.</p>	<p>Wednesday 4:00 - 5:00</p>	<p>269 Boul. St-Jean #245J Montreal, QC</p>
Cooking Club	<p>Join us for the Cooking Club every Tuesday or Thursday! If you're interested in learning how to make delicious meals after school, the Cooking Club could be the perfect fit for you! You'll work alongside a professional chef to develop essential cooking skills, such as knife techniques, food preparation, and various cooking methods. Plus, you'll get to enjoy the tasty dishes you create! For Cooking Club, please email Ms. Simon at dsimon02@lbpearson.ca and CC resperance@lbpearson.ca.</p>	<p>Tuesday or Thursday 3:45 - 5:15</p>	<p>Rm 477</p>
Cycle 1 Theatre Club	<p>Open to students in grades 7 and 8, this is your chance to take part in a show scheduled for February. Participants can choose to take on an acting role or join one of the many backstage crew positions. We will meet after school twice a week from October to February. Please note that during the two weeks leading up to the show, students will meet for two hours, from 3:50 to 5:50. A detailed schedule will be provided with the student/parent contract. For more information, please email Ms. Birks at sbirks@lbpearson.ca (creating waiting list)*</p>	<p>Monday and Wednesday 3:45 to 4:45</p>	<p>Auditorium</p>
Dungeons and Dragons	<p>Embark on epic adventures with the Dungeons and Dragons Club! Whether you're a seasoned player or new to the game, everyone is welcome to join our creative and collaborative storytelling experience. Dive into imaginative worlds, craft unique characters, and engage in thrilling quests with fellow adventurers. Sharpen your</p>	<p>Friday 3:45 - 4:45</p>	<p>School library</p>

	strategic thinking and teamwork skills while having a blast. Join us for a journey where your imagination is the limit! To sign up, please email Mr. Jalaluddin at wjalaluddin02@lbpearson.ca and CC resperance@lbpearson.ca .		
French Movie Club	Immerse yourself in the world of cinema with the French Movie Club! Join us to explore a diverse selection of films in French, from classics to contemporary masterpieces. This club is a fantastic opportunity to enhance your language skills, appreciate French culture, and engage in lively discussions about the themes and artistry of each film. Whether you're a film buff or just curious, come enjoy great movies and connect with fellow enthusiasts! To sign up, please email Mme Benammi at abenammi@lbpearson.ca and CC resperance@lbpearson.ca .	Friday 3:45 - 5:15	Rm 420
Guitar Club	This club is designed for those who have some guitar knowledge like basic chords and basic strumming. It's best for students to have their own guitar, picks, a capo, and a tuner. The goal is to have fun playing together, learning songs from each other and rockin' out on guitar culture. If you'd like to join but don't have a guitar, please contact Mr. Kyffin. Come rock out! Spaces are limited, so it's first come, first served. To sign up, please email Mr. Kyffin at jkyffin@lbpearson.ca and CC resperance@lbpearson.ca	Wednesday 3:45- 4:45	Rm 552
Lure Making Club	Join the Lure Making Club and dive into the art of crafting your own fishing lures! This hands-on club is perfect for beginners and experienced anglers alike. Learn various techniques to design and create effective lures using a variety of recycled materials. Share tips, swap ideas, and connect with fellow fishing enthusiasts. Whether you're preparing for your next fishing trip or just want to explore a new hobby, come hook your creativity with us! To sign up, please email Mr. Pépin at jpepin@lbpearson.ca and CC resperance@lbpearson.ca	Tuesdays 3:45 - 4:45	Rm 402
Manga Club	Step into the exciting world of manga with the Manga Club! Whether you're a longtime fan or just discovering this vibrant art form, this club is a great place to share your passion. Join us for discussions about your favorite series, explore	Thursday	Room 272

	<p>different drawing techniques, and even collaborate on your own manga projects. Connect with fellow enthusiasts, swap recommendations, and immerse yourself in the creativity of manga culture. Come share your love for storytelling and art! Learn basic Japanese and explore Japanese culture through discussion and Anime. To sign up, please email Mr. Enos wenos@lbpearson.ca and CC resperance@lbpearson.ca</p>	3:45- 4:45	
Mural Club	<p>Join the Mural Club and help bring vibrant art to our school! This club is perfect for artists of all skill levels who want to collaborate on large-scale mural projects. Work alongside fellow creative minds to brainstorm ideas, design, and paint murals that reflect our community's spirit. Not only will you enhance your artistic skills, but you'll also have the chance to leave a lasting mark on the school environment. Let's transform blank walls into stunning works of art together! To sign up, please email Ms. Ellah at sellah@lbpearson.ca and cc resperance@lbpearson.ca</p>	<p>Wednesday 3:45 - 4:45</p>	Rm 233
Open Gym Basketball	<p>Join us for Open Gym Basketball, where you can shoot hoops, practice your skills, and enjoy the game in a relaxed environment! This club is open to players of all skill levels, whether you're a seasoned athlete or just looking to have some fun. Come meet fellow basketball enthusiasts, participate in pick-up games, and improve your techniques. It's a great way to stay active, make new friends, and enjoy some friendly competition. Bring your friends and let's hit the court! Drop in. No sign up required. Attendance will be taken.</p>	<p>Tuesday and Thursday 3:45 - 4:45</p>	Gym 4
Pottery Club	<p>Welcome to our Pottery Club, a vibrant space where creativity knows no bounds! Join us as we embark on an exciting journey of transforming clay into stunning sculptures and unique pottery, all using just our hands and a few basic tools. This club is open to students of all grade levels, and no prior experience is necessary—just bring your enthusiasm and willingness to get a little messy! Let's unleash our imaginations and craft some extraordinary 3D art together. If you're ready to shape your artistic vision, please email Ms. McMahon at tmcmahon@lbpearson.ca and CC resperance@lbpearson.ca . We can't wait to see what you'll create!</p>	<p>Tuesday 3:45 - 4:45</p>	Rm 237

<p>Quality Cuts Academy</p>	<p>This course will be broken down into 2 sections; the first 5 weeks will be theoretical learning. The second 5 weeks will be hands-on practical on mannequins & clients you bring in. You will learn the fundamentals of barbering and how the business works. You will learn all the detailed techniques to perform different haircuts on different hair textures, while learning how to market yourself & build the confidence to get clients in your chair. This course is for students who are creative, hands-on & hard working. It will help build confidence, enhance interpersonal skills and give hands-on experience in this profession. You should be able to show up on both days. Spaces are limited. Please email Mr. Espérance at resperance@lbpearson.ca Students will require drop off and pick up from this activity.</p>	<p>Monday 4:30-6:30 and Tuesday 4:30-5:30</p>	<p>4880 Rue René-Émard, Pierrefonds, QC</p>
<p>Rock Climbing Club</p>	<p>Join our indoor Rock Climbing Club! Open to all skill levels, we meet weekly for bouldering sessions, skill-building workshops, and fun social events. You'll have the support of a staff member who will introduce you to basic climbing techniques and encourage you as you climb. This isn't a formal class; we know that discovering climbing at your own pace is key. Our climbing gym is designed for you to learn while climbing and progress through levels gradually. Connect with fellow climbers and let's climb together! Spaces are limited. Please email Mr. Espérance at resperance@lbpearson.ca Students will require drop off and pick up from this activity.</p>	<p>Monday 4:00 - 5:00</p>	<p>2180 Hymus Dorval, Qc</p>
<p>Spanish Club</p>	<p>Dive into the rich and vibrant culture of the Spanish-speaking world with our Spanish Club! This club is a welcoming space for students of all levels, whether you're a native speaker or just starting to learn. Join us for engaging activities that include language practice, cultural celebrations, and fun games. We'll explore music, cuisine, and traditions from various Spanish-speaking countries while building friendships along the way. Come expand your horizons and enjoy the beauty of the Spanish language and culture! To join, please email Ms. Ruiz at r.ruizdevelasco@lbpearson.ca and cc resperance@lbpearson.ca</p>	<p>Monday 3:45 -5:15</p>	<p>Rm 414</p>

<p>Student Union</p>	<p>Join the Student Union and be a voice for your peers! This dynamic club is dedicated to enhancing student life and promoting a sense of community within our school. As a member, you'll have the opportunity to participate in planning events, organizing fundraisers, and advocating for student interests. Collaborate with fellow students to create a vibrant school environment where everyone feels included and valued. Whether you're passionate about leadership, event planning, or simply want to make a difference, the Student Union is the perfect place for you. Come share your ideas and help shape our school's future together! To join, please email Mr. Jones-Edwards at ejonesedwards@lbpearson.ca and cc resperance@lbpearson.ca</p>	<p>Wednesday 3:45 - 4:45</p>	<p>Rm 414</p>
<p>Urban Legend Boxing</p>	<p>Step into the ring with our Boxing Club, where fitness meets empowerment! This club is designed for teenagers looking to enhance their physical strength, agility, and cardiovascular health while developing crucial life skills. Boxing not only provides a fantastic workout but also fosters discipline, boosts self-confidence, and teaches self-defense techniques. It's a great way to relieve stress, build teamwork through training, and instill a strong work ethic. Whether you're a beginner or have some experience, all are welcome to join. You must be available to train on both days. Students without gloves can purchase them at Urban Legend Boxing for \$70. Spaces are limited, so make sure to arrive at the gym by 4:00 PM. For more information or to sign up, please email Mr. Espérance at resperance@lbpearson.ca . Get ready to unleash your potential and have fun in the process! Students will require drop off and pick up from this activity.</p>	<p>Tuesday and Thursday 4:00 - 5:15</p>	<p>64A Avenue Donegani Pointe-Claire, QC H9R 2V4</p>