

CYCLE 1 Course Handbook



February, 2019

Dear Parents,

The Course Selection Handbook is a guide that has been created to help our students make decisions about elective courses, and understand, in brief, the course outline for the compulsory courses that they will need to take at each grade level.

This handbook will help you fill out the Course Option Form. When your form is completed, please return it to the school **no later than February 15, 2019**.

Please note that all course descriptions apply to all of our in school programs.

As always, should you have any questions regarding this process, please feel free to contact us at the school, (514) 697-3210.

Sincerely,

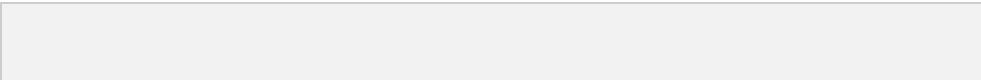
A handwritten signature in cursive script that reads "Cristina Prata".

Cristina Prata, Principal



CYCLE ONE

Year 1 & Year 2



ENGLISH 100/120/130
ENGLISH 212/222/232

LANGUAGE LEARNING PROCESSES

Students will continue to develop their knowledge about the processes used to read. They will interpret and produce spoken, written and media texts.

The processes include:

- **Reading and interpreting texts**
- **Production**
- **Research**

REQUIRED GENRES: STRUCTURES, FEATURES, CODES AND CONVENTIONS

Genres shape our life in society, as they are the vehicles by which we communicate with one another. Students will continue to develop the required genres.

The genres include:

- **Planning texts**
- **Reflective texts**
- **Narrative texts**
- **Explanatory texts**
- **Reports**
- **Expository texts**
- **Persuasive texts**

CONVENTIONS OF LANGUAGE

Students will develop the knowledge of these codes and conventions throughout Year 1 and Year 2.

They include:

- **Spoken language**
- **Written language**
- **Media language**

FRANÇAIS DE BASE 100
FRANÇAIS DE BASE 212

This course develops reading, writing, listening and speaking skills. By using oral and written messages of general interest and common usage, students will learn to:

- Speak on subjects related to their experience and knowledge
- Write on topics related to their physical and social environment
- Use various models in their oral and written productions
- Use appropriate grammar and vocabulary in their oral and written productions

This course is for students in the English program.

FRANÇAIS IMMERSION

The Year 1 program aims at reinforcing and developing oral comprehension and communicative language skills in daily class situations. To these skills are added a thorough systematization of certain structures of the French language. A greater emphasis is placed on using the tools/techniques of grammar and syntax and on vocabulary building. By the end of the course, students will be able to communicate fluently, orally or in writing, in situations related to their age, needs and interests.

At the Year 2 level, the same objectives are pursued as in Year 1, but greater emphasis is placed on reading as well as on written expression, while oral work continues to be of great importance.

FRANÇAIS (IMMERSION A+)

The Year 1 program aims at reinforcing and developing oral comprehension and communicative language skills in daily class situations. To these skills are added a thorough systematization of certain structures of the French language. A greater emphasis is placed on using the tools/techniques of grammar and syntax and on vocabulary building. By the end of the course, students will be able to communicate fluently, orally or in writing, in situations related to their age, needs and interests.

At the Year 2 level, the same objectives are pursued as in Year 1, but greater emphasis is placed on reading as well as on written expression, while oral work continues to be of great importance.

In addition, **SPANISH** is offered as 1/5 of the A+ Immersion French courses. This Spanish course is aimed at basic vocabulary, grammar and writing to introduce the student to a third language. The focus will be on conversation and an introduction to the Spanish world.

FRANÇAIS ENRICHÉ (LANGUE MATERNELLE A+)

The objectives of the course are to enable students to develop linguistic skills with an emphasis on reading and writing. Particular attention is devoted to the correct use of language through intensive usage of grammar. The communicative situations of the program include: newspaper articles, instructions, texts or expositions which are informative or expressive in nature, adventure stories, novels and poems for enjoyment.

In addition, **SPANISH** is offered as 1/5 of the A+ Langue Maternelle French courses. This Spanish course is aimed at basic vocabulary, grammar and writing to introduce the student to a third language. The focus will be on conversation and an introduction to the Spanish world.

MATHEMATICS 100/212
MATHEMATICS 120/222 IMMERSION
MATHEMATICS 130/232 ENRICHED

Mathematics is a science that involves abstract concepts and language. Students develop their mathematical thinking through personal experiences and exchanges with peers.

Activities and tasks encourage students to reflect, manipulate, explore, construct, simulate, discuss and practice mathematical concepts and strategies.

The course consists of the following topics:

- **Arithmetic**
- **Algebra**
- **Geometry**
- **Probability Theory**
- **Statistics**

The enriched program consists of the same topics with an emphasis on applying the acquired knowledge to more challenging mathematical situations.

GEOGRAPHY/GÉOGRAPHIE 100/120/130/140
GEOGRAPHY/GÉOGRAPHIE 212/222/232/240

In geography, students study various types of territorial organizations based on their knowledge, observations and perceptions of the world. They make connections between what they already know and what they discover. Through geographic reasoning students will come to understand the organization, change and diversity of a society and its territory, building consciousness of global citizenship.

HISTORY & CITIZENSHIP EDUCATION/
HISTOIRE & EDUCATION À LA CITOYENNETÉ 212/222/232/240

In history and citizenship education, students begin studying social phenomena on the basis of their prior knowledge and what they observe and perceive in the world. They seek answers to their questions by formulating hypotheses concerning the social phenomena they are exploring. They test research strategies that enables them to understand the social phenomenon under study. They will construct a consciousness of citizenship through the study of history.

ETHICS & RELIGIOUS CULTURE

Ethics and Religious Culture is a compulsory course for Secondary I and II students. The program develops two competencies, which are that students will be able to:

- **Appreciate the influence of religious and secular conceptions in society**
- **Take a reflective and informed position on ethical issues**

Students will also develop the ability to engage in positive dialogue in order to fully appreciate differing points of views. Year 1 & 2 themes in ERC include, 'Autonomy', 'Stories & Human Beings', 'Social Order', 'Quebec's Religious Heritage', 'Freedom' and 'Representations of the Divine and of Mythical and Supernatural Beings'.

Science & Technology /SCIENCE et TECHNOLOGIE 100

Science & Technology /SCIENCE et TECHNOLOGIE 208

The Science & Technology program in Cycle One will focus on the following ‘Worlds’:

- **The Living World, Earth and Space**
- **The Technological World**
- **The Material World**

The program puts theory into concrete practice by integrating the use of textbooks, video, classroom discussion, and hands on experiments. This approach fosters curiosity and further inquiry in the students.

PHYSICAL EDUCATION 100/ EDUCATION PHYSIQUE 100 PHYSICAL EDUCATION 204/ EDUCATION PHYSIQUE 200

The following is an overview of the aims presented in the program at both grade levels:

- **Development according to individual talents and abilities**
- **Promotion of an optimal level of physical fitness**
- **Development of good health habits**
- **Development of a positive attitude towards life-long, active participation in physical activities**

Various activities are involved, and could include: basic movement and warm-up exercises, track and field, basketball, volleyball, soccer, wrestling, badminton, softball, dance, touch football, weight training, low organized games and a unit on Health Education.

COMPULSORY ARTS COURSE

Cycle One – Year 1 & 2

As per Ministry requirements, students must take the same Compulsory Arts Course in Years 1 & 2. Students must choose Fine Arts, Dance, Drama or Music. These courses will be given for 4 periods on 6 days, for the full school year.

VISUAL ARTS

Students will learn the basic techniques of drawing and understand and apply color in painting. They will create interesting compositions and projects with various media, such as print-making, collage and 3D sculpture. Historical and present day artists and designers will be studied as they relate to the contemporary studio projects. Students enrolled in visual arts will be required to work in their sketch-book and prepare ideas for classroom art projects outside of class time.

DANCE

The dance option provides students with the opportunity of exploring the wonderful world of dance. Students focus on and develop an appreciation for various styles of dance such as: ballet, modern jazz, tap, lyrical, hip-hop and musical theatre. The dance classes are formal in nature. The classes comprise of warm up sessions at the bar followed by stretches on the floor, progressions, diagonal steps and culminating in choreographies. In addition to perfecting their technique, students have the opportunity to perform for various audiences.

DRAMA

Develop your narrative and communication skills through theatre games and exercises. Exercise your imagination, creativity and social skills. This is a fast-moving, active course for imaginative students who want to learn how to create and perform drama.

MUSIC

This is a traditional Concert and Jazz Band Program. Students will learn to play a woodwind, brass or percussion instrument in a band setting. This is a dynamic and energetic course. Mandatory uniform, music competitions, concerts, workshops, and field trips will be subject to additional costs during the course of the year. Join the JRHS Music Department and become a member of the Junior or Senior Band. Finally, mandatory morning rehearsals are also a key component to the success of the program.

Please note that while we try to give every student their first choice, sometimes scheduling difficulties in the student program prohibits that. Please make certain that your second choice is one that you would equally enjoy.

LIFE SKILLS PROGRAM

The Life Skills Program offers a modified curriculum to students with high special needs. The program provides an opportunity for students to develop communication skills, living skills, literacy, numeracy and social as well as leisure skills within a highly supportive and structured environment. The classroom composition is small with a ratio of one adult to no more than three students. Students are fully integrated in school spirit activities and have the option of participating with peers in a standard art, drama and/or physical education class.

Student progress is monitored relative to IEP and TEVA goals as well as formally evaluated on an alternative report card. The program collaborates with community supports in transition planning for seniors and may include work experience opportunities both at school and in the community.

Courses:

Current Events

This course focuses on comprehension, fluency and accuracy when reading. Activities are centered on newspaper articles.

Mathematics

This course focuses on basic math functions, measurement, money and time management.

Social Studies

This course emphasizes community access and awareness. Students receive public transportation training as well as opportunities to visit landmarks and points of interest, including: community centers, shopping centers and recreational facilities. They learn to read and recognize signs for safety, direction and information. Students also study basic Canadian geography and history.

Independent Living

This course emphasizes the skills needed to live independently or semi-independently including: budgeting, finance, home management, health and physical education. Social skills training is also provided in the following areas: assertiveness, sex education, relationships and stranger awareness. The F.L.A.S.H. (Friendship, Love, and Sexual Health) curriculum is covered in this program.

LIFE SKILLS PROGRAM (cont)

Cooking

This course teaches simple cooking skills using easy and nutritious recipes. The goal is to develop autonomy with respect to meal preparation.

Science

This course emphasizes the applications of science in the everyday lives of students. Students are guided through various hands-on-activities and develop skills, including problem solving, teamwork and communication.

Work Study

This course is central to transition planning for life after high school. The course provides job training, coaching and preparation services. Students begin working in the classroom, learning the principles of appropriate work habits and team-work. Work experience opportunities are then available at school and at times in the community.

Technology

This course examines technology and the applications for daily life. Students examine technology for word processing, communication, research and multimedia projects.

SPORT-ÉTUDES PROGRAM

The Sport-études Program is a scholar-athlete program for students who are elite athletes in their chosen sport. This unique program, supported by the Ministère de l'Éducation, Loisirs et Sports (MELS), offers reduced time in the school schedule, allowing students to spend afternoon time in training. The Ministry uses *balance* in its philosophy: school in the morning, training in the afternoon and *normal* adolescent life at night and during week-ends.



Morning and afternoon PED support, (supervised study halls with teachers available for individualized help), is offered daily. Afternoon pedagogical supports are mandatory when students are not participating in training, and are essential for academic consistency. Teachers can also require students' attendance in PED support following an absence or in case of academic difficulties. Students entering the Sport-études program in Secondary I must write the entrance exam in order to be considered for acceptance and must also be accepted by their corresponding sports organization. Students entering in Secondary II to V must submit report cards, samples of work in French, English, and a third subject, reference letters can also be accepted by their corresponding sports organization.

History and Histoire are offered in both Grade 9 and Grade 10; however, class numbers will dictate whether the course will be given in French. In the math and science packages, placement into advanced courses will be determined by the marks and teacher recommendation.

Please consult the link on our JRHS website for more information regarding our Sport-études program. For a more complete description of the courses, please consult the course outlines in this handbook.